**UCAS Personal statement worksheet**

This worksheet is designed to help you think about information you could include in your personal statement. I’ve included space for you to write down any thoughts you have as you go along.

**Writing about the course you are applying for:**

1. Why are you applying for your chosen course?

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1. Why does this subject interest you? Include evidence that you understand what’s required to study the course, e.g. if applying for a Film & Tv production course, show that you know about the film industry.

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1. Why do you think you are suitable for the course? Do you have any particular skills and experience that will help you to succeed on the course?

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1. Do you current or previous studies relate to the course that you have chosen? If so, how?

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1. Have you taken part in any other activities that demonstrate your interest in the course?

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**Skills and achievements**

1. Universities like to know the skills you have that will help you on the course, or generally with life at university, such as any accredited or non-accredited achievements. Write these down here.

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1. Also think about any other achievements you’re proud of, positions of responsibility that you hold or have held both in and out of school, and attributes that make you interesting, special or unique.

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**Hobbies and interests**

1. Make a list of your hobbies, interests and social activities. Then think about how they demonstrate your personality, skills and abilities. Try to link them to the skills and experience required for your course.

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**Work experience**

1. Include details of jobs, placements, work experience or voluntary work, particularly if it’s relevant to your chosen course. Try to link any experience to skills or qualities related to the course.

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**Future plans**

1. If you know what you’d like to achieve after completing the course, explain how you want to use the knowledge and experience that you gain. How does the course relate to what you want to do in the future?

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| Dos when writing your personal statement  | Don’ts when writing your personal statement  |
| * Do use your best English and don’t let spelling and grammatical errors spoil your statement
* Do show that you know your strengths and can outline your ideas clearly. Use words you know will be understood by the person reading your statement.
* Do be enthusiastic – if you show your interest in the course, it may help you get a place
* Do expect to produce several drafts of your personal statement before being totally happy with it.
* Do ask people you trust for their feedback.
 | * Don’t exaggerate – if you do may get caught out at interview when asked to elaborate on an interesting achievement
* Don’t rely on a spellchecker as it will not pick up everything- proofread as many times as possible.
* Don’t leave it to the last minute – your statement will seem rushed and important information could be left out.
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